

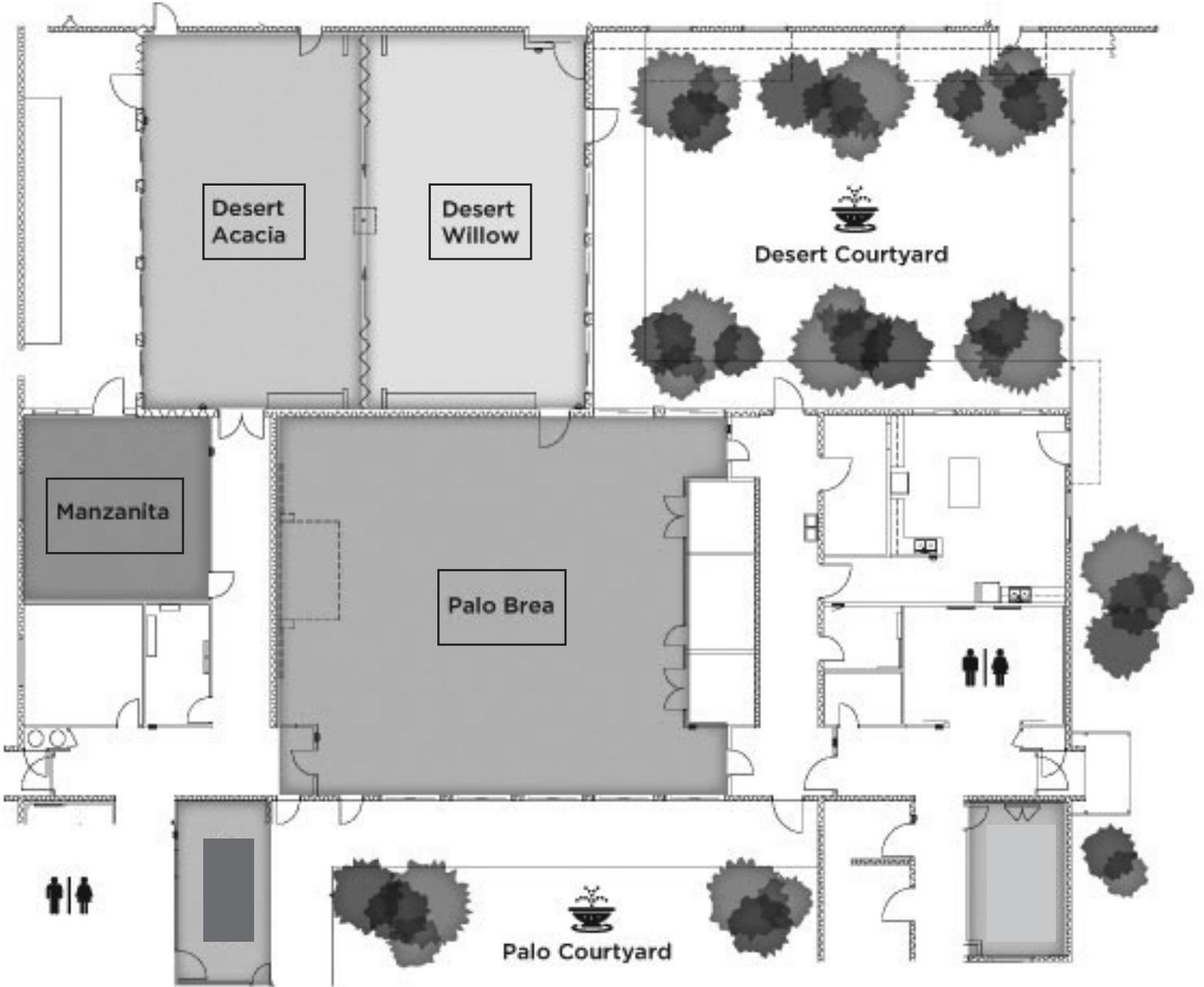


**SUMMER**  
INSTITUTE 2016  
**JUNE 1 & 2**

**EDUCATORS MATTER!**

resources for changing times







*Healthy & Safe Schools is a program designed to assist learning communities in creating, maintaining, and growing safe and supportive school cultures. In the initial year of this program, workshops were offered and partnerships established to link schools with community resources that support this work.*

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# June 1

7:30 am - Welcome Breakfast

*Keynote Speaker:*

**Bonnie Bazata**

Program Manager

*Ending Poverty Now*

*Initiative of Pima County*



***“Why Poverty Matters to our Children, Families and Schools”***

This presentation will provide an overview of the dynamics of poverty, why it is so difficult to break, and how it impacts our children in and out of the classroom. We'll take a close look at the impact of stress, scarcity, and instability on body, brain, and behavior.

9:15 am - Session 1

10:45 am - Session 2

12:00 pm - Lunch

12:45 pm - Roundtable Discussions

1:45 pm - Session 3

## ***Session 1 | June 1***

### **Understanding Poverty: An Interactive Workshop**

Bonnie Bazata, M.A., Program Manager, Ending Poverty Now, Pima County  
bonnie.bazata@pima.gov

Room: Palo Brea

*We will use mental models to take a closer look at the experience of poverty and how it can contrast and conflict with the expectations and views of schools. We'll explore some ideas for how to create greater effectiveness and stronger relationships with students and their families.*

### **Invisible Wounds: Understanding and Working with the Traumatized Student\***

Beverly Tobiason, Psy.D., Clinical Director, Pima County Juvenile Court Center  
Beverly.tobiason@pcjcc.pima.gov

Room: Desert Willow

*Participants will learn about the Adverse Childhood Experiences (ACE) study including prevalence and effects of trauma in the lives of children and adults. Traumatized students exhibit disturbances in multiple domains of their functioning including cognitive, behavioral, emotional, relational, and physical disturbances which challenge educational professionals and schools. Participants will learn the most common presentations of traumatized children, especially focusing on the presentation in the classroom. Schools can be a student's safe place or break from the trauma in their lives. Presenters will offer recommendations of how educational professionals can help to support and to mitigate the adverse effects of trauma for individual students, classrooms, and how schools can become trauma-informed and trauma-responsive. \* This extended workshop will occur during Sessions 1 & 2*

### **Nurturing the Talents & Meeting the Needs of Refugee Students**

Julie Kasper, NBCT, M.A.Ed., School Coordinator & Center Director,  
K12 Refugee Education  
jkasper@refugeefocus.org

Room: Desert Acacia

*This presentation will provide a brief overview of some of the experiences students from refugee backgrounds bring to the classroom. We will consider the talents and positive character traits refugee students possess, as well as their needs and potential obstacles or challenges, along their integration and learning paths. We will explore ideas for connecting with refugee students and families to support their academic and socio-emotional needs.*

### **Positive Interactions with Parents**

John Carruth, Assistant Superintendent, Vail Unified School District

Room: Manzanita

*As educators we value and appreciate the role parents play in supporting their children as they navigate through school. During this time, we will discuss how to build strong relationships with parents and how to handle sensitive and challenging conversations in order to maintain and strengthen those relationships.*

## ***Session 2 | June 1***

### **What Our Students Are Doing: Awareness and Prevention of Teen Substance Abuse**

Raul A. Munoz, BS, Program Coordinator, Pima County Health Dept.  
raulmunoz@pima.gov

Room: Palo Brea

*Substance abuse among adolescents has been a public health concern for decades and although substance abuse trends have waxed and waned over the years, recent research continues to show alarming rates of drug and alcohol use. Considering the widespread use of drugs and alcohol during adolescence, it is important to highlight the prevalence of problematic use and create awareness through knowledge and positive action.*

## **Do We Still Need to Talk about Multiculturalism and Achievement?**

Dr. Roxana Samaniego PhD, Clinical Psychologist, Community Partnership Care Coordination  
Roxana.Samaniego@communitypartnersinc.org

Room: Desert Acacia

*This lecture and discussion will focus on:*

- *The meaning of dominant and non-dominant cultures*
- *The current state of the “educational gap” and why those differences continue to exist*
- *How beliefs about achievement are affected by culture and, in turn, affect achievement*
- *The diversity in parenting and parenting beliefs and the impact on child achievement*
- *Student’s cultural stress and the implications for academic performance*

## **The Role of School Personnel in Concussion Management**

Patricia Beldotti, Psy.D., Director of Neuropsychology  
pbeldotti@tucsonconcussioncenter.com

Carisa Rucci, Ph.D., AT Navigator, Tucson Concussion Center  
craucci@tucsonconcussioncenter.com

Room: Manzanita

*These presenters will review the current understanding of what a concussion is, how concussion affects learning, performance, behavior, and psychological functioning, and factors that can help promote optimal recovery. They also will review suggestions for helping a child reintegrate back into the school environment after a concussion, possible temporary accommodations or modifications that can be beneficial during the recovery phase, and other resources and strategies for supporting concussion recovery.*

## **Roundtable Discussions | June 1**

### **Using ESSA to Promote Health!**

Brian Eller, Director, Coordinated School Health Program, Pima County Health Dept.  
brian.eller@pima.gov

Room: Palo Brea

*The Every Student Succeeds Act, or ESSA is a game-changer for health advocates because it puts Health and Physical Education programs on a level playing field with other “well-rounded education” subjects. This workshop will equip you with tools and an opportunity to practice advocating at multiple levels for the inclusion of these critical subjects into what we know is good for our students, bodies, and minds.*

### **Parents Creating Change**

Stacy Winstryg, Darcy Mentone, Callie Tippett of the Vail Parent Network Steering Committee, Vail School District  
vailparentnetwork@gmail.com

Room: Desert Willow

*This presentation will show educators, parents, and community members just how simple education advocacy can be.*

### **Taming Anxiety: Tools for Improving Student Outcomes**

Janet Summers, M.ED, LPC, LMFT, President SummerSmith, Inc.  
jsummers@summersmith.com

Room: Desert Acacia

*Yes, we talk about Test Anxiety all the time, AND it is a MUCH bigger deal that you might think! Did you know:*

- *61% of all students report being affected by test anxiety!*
- *Anxiety can lower test scores by 11% or more!*
- *A student’s “optimism” predicts college student success better than SAT scores or high school grades. Confidence Matters!*

*This round table discussion will provide you with practical tools and methods to mitigate test-taking anxiety and interact with students to improve testing confidence.*

### **Helping Students Find Their Passion, Their Work**

Nils Urman, MBA, CEcD, Program Manager, Business Services, Pima One Stop  
nils.urman@pima.gov

Room: Manzanita

*Participants will discuss how to elicit what students are passionate about, what types of people they like to “hang out” with, what activities engage them so much that they ignore texts, in order to open discussions about the direction they might take post high school.*

### **Session 3**

#### **Before You Call 911: Regional Behavioral Health Authority & Crisis System 101**

Michael Johnson, Community & Events Coordinator, and Polly Knape, Supervisor,  
First Responder Services, Cenpatico Integrated Care  
michajohnson@cenpatico.com

Room: Palo Brea

*All teachers work with students who exhibit behavioral health needs. Learn how we can assist you in responding to those needs and connecting parents and youth with the services available to them. This presentation will provide an introduction to who Cenpatico Integrated Care is, the role of Regional Behavioral Health Authority in Southern Arizona, and the form and function of crisis services in the region.*

#### **Make Your Classroom Fun!**

Brian Eller, Director, Coordinated School Health Program, Pima County Health Dept.  
brian.eller@pima.gov

Room: Desert Willow

*Integrate physical activity for kinesthetic learners in your classroom. This workshop will provide you with free resources to increase retention, improve behavior, and improve attendance through the Centers for Disease Control and Prevention’s Comprehensive Physical Activity Program’s classroom energizers.*

#### **Typical or Troubled? A Look at Adolescent Behaviors**

Cynthia Ruich, Ed.D., Director of Student Services, Marana Unified School District  
c.t.ruich@maranausd.org

Room: Desert Acacia

*In this session we will review typical and atypical behaviors in teenagers. What are typical behaviors for the teenage years versus atypical? Strategies to use when students are exhibiting atypical behaviors will be reviewed.*

#### **Youth Self-Harm and Suicide**

Cherie Everett, M.Ed., LPC, Director of Outpatient Services, Palo Verde Behavioral Health

Room: Manzanita

*Counselors, teachers and school districts are expressing great concern about self-harm and suicide among youth. Palo Verde Behavioral Health will be presenting educational information on the prevalence and warning signs of teen suicide and self-harm. The presentation will cover how schools can meaningfully help students and families seek assistance, and share the many treatment resources available in the community.*

# June 2

8:00 am - Resource Fair & Breakfast

9:00 am - Panel Discussion

## **Social Media & Schools**

*Learn about online safety, the effects of social media, and how social media is used in the classroom.*

10:15 am - Session 1

11:30 am - Lunch

12:15 pm - Session 2

1:45 pm - Session 3

## Session 1 | June 2

### Keeping School Counseling a Positive Process for Everyone: Solution-Focused Brief Counseling

Kathleen “K.C.” Conner, M.Ed, LAC, School Counselor, Gallego Intermediate School,  
Sunnyside Unified School District  
kathleenc@susd12.org

Room: Palo Brea

*Solution-Focused Brief Counseling (SFBC) is a therapeutic modality that works well in schools with its positive, “focus on the person, not the problem” philosophy. For mental-health practitioners working in a school setting, or with adolescents outside of schools, SFBC strategies give our work focus, while reducing stress and resistance. Additional strengths of the SFBC method are: action oriented, brief, empowering for the student/client, multiculturally sensitive, and positive for both student & counselor.*

### Where Pink Meets Blue: Creating a Safe Community for Transgender Youth

Andrew Cronyn, MD, Pediatrician, El Rio Community Health Center  
AndrewC@elrio.org

Kerrie Green, MSW, Senior Program Supervisor, Healthy Families  
kgreen@cfraz.org

Room: Desert Willow

*“I am Jazz” is on A&E TV. “Raising Ryland” can be streamed on the internet. But transgender and gender non-conforming youth are not just in the media — they are real kids in real classrooms right here in Pima County. This will be an interactive workshop covering gender development and social and medical support of gender expansive and transgender youth. This workshop will include information about the language of gender identity, medical interventions and support, risks and protective factors for this population. It will also provide resources for transgender and gender expansive youth, their parents and their teachers. Speakers are Kerrie Green, a social worker and parent of a transgender daughter and Drew Cronyn, a pediatrician who is working to create a medical home for transgender youth.*

### Mindfulness Tools for the Classroom: Fun Ways to Help Students (and YOU) Relax, Focus, and Connect

Jordan Wiley-Hill, Director, The Mindfulness Exchange  
jordan@mindfuledex.com

Room: Desert Acacia

*Feeling the need to unwind from the year? Want some proven tools for you and your students? Come ready to practice and play! We will learn by doing in this fun and highly interactive workshop.*

*You will walk away with:*

- An understanding of mindfulness and how it impacts teacher well-being
- Direct experience with engaging and easily-implemented activities to help improve focus, self-regulation, and stress management
- The “hows and whys” of the activities and their application, including a handout with detailed instructions

*According to the scientific research, students who receive mindfulness training show significant improvements in:*

- Focus in the classroom and on tests
- Academic skills (e.g. 15% better math scores in a recent study)
- Executive function
- Self-calming and emotion regulation

*Meanwhile, teachers who practice mindfulness tend to experience:*

- Greater well-being
- Less burnout
- More focus
- Better memory

## **IMPACT: Influence, Motivation, Passion, Achievement, Commitment, Together: Creating Kinetic Student Connections**

Tricia Peña, Ed.D, Education Consultant  
tricia@echo360education.com

Deborah Sather, Ph. D, Trainer, E.C.H.O. 360 Education Consulting & Training  
deborah@echo360education.com

Room: Manzanita

*Creating kinetic student connections is a powerful attribute built on the foundation of Positive Behavioral Intervention and Supports (PBIS). This session will share successful, dynamic, and fun PBIS “student connection” strategies, easily implemented to create and sustain a school campus climate and culture of IMPACT making everyone say “WOW!”*

### **Session 2 | June 2**

#### **On the Cutting Edge: Emerging Career Opportunities in Pima County**

Javier Herrera, Program Manager, Pima County Health Dept.

Jan Leshner, Deputy City Administrator for Community and Health Services, Tucson

Greg Wilson, Dean of Business, Occupational and Professional Programs, Pima Community College

Mark Kerr, Chief of Staff, Ward 5, Tucson City Council Office

Room: Palo Brea

*This panel session will offer unique perspectives from leading local industry and government officials about our economy and emerging career opportunities that are setting the future for Pima County’s economic development needs.*

#### **Challenging Behaviors in the Classroom: Why Do You See Them and What Do You Do?\***

Maryann Judkins, Ed.D., Assistant Professor of Research, University of Arizona  
emsconsult@gmail.com

Room: Desert Willow

*Challenging student behaviors can derail the most prepared teachers. While minor behavioral disruptions may be relatively easy to handle, teachers often are not prepared to appropriately respond to more severe behavioral disruptions. Problem behaviors may be fueled by environmental, social, and academic factors. This presentation will focus on methods with which to determine what underlying factors are contributing to a student’s challenging behavior, and how that information can shape the efforts to replace them with more appropriate behaviors and expectations that will meet the student’s needs. Specifically, participants will:*

- *Examine factors affecting challenging behaviors*
- *Learn about using Functional Behavioral Assessment (FBA) as a tool in the classroom*
- *Practice using FBA*
- *Discuss strategies for meeting students’ needs*
- *Learn about resources for providing support to students with challenging behaviors*

*\* This workshop will be occur during Sessions 2 & 3*

#### **Preparing Undocumented Students for Career and College**

Staff, Scholarships A-Z

Room: Desert Acacia

*ALL students can go to college, regardless of immigration status. And yes, there are scholarships available too. This workshop is designed to inform teachers and counselors how they can support students in furthering their education, and how to access the resources available to teachers, schools, and our students.*

## STUDENT VOICE! The Missing Piece in Creating Positive Climate Change

Barbara J. Wayne, M.Ed., Retired Principal, TUSD  
bjwayne@comcast.net

Room: Manzanita

*This workshop provides an introduction to BreakAway, an evidence-based program that creates true partnerships with students and adults to change conditions on their campus. We will look at ways to reach out to marginalized populations who have not previously been given a voice, as well as discuss techniques for locating leadership from among all the various student groups at your school. This workshop will give you ideas to use in your class or as a school-wide program. Our time together will be interactive and hopefully provide the participant with new tools when approaching classroom or school climate.*

## Session 3 | June 2

### Universal Behavior Screening: A Proactive and Systemic Approach to Behavioral Intervention

Colleen Frederick, M. Ed., Principal  
c.b.frederick@maranausd.org

Matt Abney, M. Ed., Assistant Principal, Estes Elementary School, MUSD  
m.b.abney@maranausd.org

Room: Palo Brea

*This session will provide an overview of the purposes and benefits of using behavior screening tools to identify students in need of tier 2 interventions. Participants will review internalizing and externalizing behaviors that students exhibit and discuss their impact on student achievement. A Student Risk Screening Scale (SRSS) and sample protocol for planning, implementing and analyzing the results will be shared as well as a method for matching students to appropriate interventions and monitoring their progress. At the conclusion of this session, educators will be prepared with the procedures and tools to administer a universal behavioral screening tool in their schools and create an intervention plan to address individual students' behavioral needs.*

### Eating Disorders: Promoting, Prevention, and Resilience

Richard Wahl, MD, Director of Adolescent Medicine, Professor of Pediatrics, Banner University of Arizona Medical Center,  
rwahl@peds.arizona.edu

Janet Summers, M.Ed, LPC, LMFT, President SummerSmith, Inc  
jsummers@summersmith.com

Diane Ryan MA, LPC Executive Director, Mirasol  
dffryan@hotmail.com

Katie Klein, MS Clinical Director, Mirasol  
katielklein@gmail.com

Room: Desert Acacia

*Research indicates that poor body image can be a gateway to dysfunctional eating behaviors, eating disorders, compulsive exercise, depression, anxiety, use of nicotine, drug and alcohol abuse, self-injury, unsafe sexual behaviors, and dating violence. This presentation, from a team of eating disorder professionals, will provide signs and symptoms of eating disorders and practical activities to promote healthy body image and eating disorder prevention on the school campus.*

### Don't Take MY Word For It! Career and College Readiness – What the Research/Data Says...

Kirk Perrini, M.C., NCC, LPC, Director of Counseling, Pima JTED  
KPerrini@pimajted.org

Room: Manzanita

*Utilizing recent, groundbreaking research studies, and AZ and US student achievement data, we will highlight how education practices focused on both career AND college readiness, specifically Career & Technical Education (CTE), dramatically increases graduation rates, improves standardized test scores and increases post-secondary attendance and completion rates for high school students.*



